

## **Feng Shui Power Disc 99 – installation:**

The Feng Shui Power Disc 99 is to be hanged onto a vertical wall at about 170 – 190 cm from floor level (about height of the head).

Important:

- The side with the print on it has to face the room, not the wall.
- It has to be visible, don't cover it with anything (pictures or fabric, etc.) – (the small Power Disc can be invisible as well)
- The head of the nail that you use should not be larger than the hole in the power disc. The nail should not stick out of the wall too much (Don't use a nail for the small Power Disc, best is Blue tack or double sided tape)
- The wall between the Power Disc and the ceiling should be free (no pictures or shelves above the Power Disc)
- The Power Disc is most efficient if there is an area of free wall to both sides of it (at least for 50 – 100 cm on both sides). (this doesn't matter for the small Power Disc)
- The Power Disc is most efficient if it is placed in a square room with straight walls and straight ceiling.

Please note that during the first one or two weeks a healing crisis might occur, i.e. interrupted sleep, headache or other symptoms. These are only symptoms of detoxification and signals of the body that it is getting rid of negative information that has been induced by geopathic stress and EMF before. After 2 weeks this should clear.

The Feng Shui Power Disc 99 is designed that one is normally sufficient for one house and the surrounding land. Sometimes in larger houses or more complex buildings there might be factors that would favour the use of a second Power Disc. If the building consists of several “square parts” it can be useful to use more Power Discs (L-shaped houses for example).

A second Power Disc might also be needed if you like to use health damaging devices like Wifi (WLAN) or wireless phones in the house. Note that you do have full protection with one Power Disc, if these devices are switched off (in case of the phone the base station would have to be completely switched off). However best alternative might be to throw these devices out and replace them with wired devices.

Alternatively a large E-Smog Server can neutralise the negative biological effects of these wireless devices significantly.

To cleanse your system from the negative electromagnetic information that your system probably has absorbed for some years, I would recommend 1 cup of mistletoe tea daily for 6 months. Alkaline baths are also helpful as well as coenzyme Q10.

Wishing you a healthy and de - stressed future!